

MAY Activities

NAMI Mental Health Support Group

TUESDAY, MAY 5, 6-7 PM Join NAMI, the National Alliance on Mental Health for a presentation for parents and caregivers with children in middle school and high school to learn the importance of adolescence mental wellness.

This presentation will be held via Zoom and will be in Spanish. <https://us02web.zoom.us/j/86189184003?pwd=IEgQDOIMMcaNaaU2fNhipBXIP8bbt.1>

Harm Reduction Mobile Unit

WEDNESDAYS, 10 AM - 12 PM. Visit the mobile unit in front of the Family Success Center on Broadway for **FREE harm reduction counseling.** On-site services include overdose prevention, syringe access and sterile tools, test strips, nursing services, wound care, sex ed counseling and supplies, as well as linkages to social services, legal, housing and other community resources.

Prevention Resource Network/ VNA HIV & STD Testing Van

WEDNESDAYS, 11 AM - 1 PM. FREE CONFIDENTIAL HIV/AIDS/STD testing. Look for the testing van in front of the Family Success Center located on Broadway. Results in 20 minutes!



Monmouth County Dept. of Social Services

THURSDAYS, 10 AM - 4 PM. The County will provide resources and programs for a variety of needs. **Appointments are preferred. Please call Mariana or Mark at (732) 571-1670 to schedule an appointment.**

Book Club & Conversation

THURSDAY, MAY 7, 12-1 PM. We'll read the Who HQ storybook series about all things famous people and places in the United States. Learn about United States history and people from around the world that helped make it. **Call to receive a copy of the book. The Book Club meeting will take place on Zoom. Zoom Meeting ID: 843 2885 9982 Passcode: whohq**



Mother's Day Kids Craft & Activity

THURSDAY, MAY 7, 4-5 PM Join us and let's honor our moms! We'll make Mother's Day cards to show we love and appreciate our moms. This activity is in person at the Family Success Center. **Supplies are limited and registration is required. Please call Mariana or Mark at (732) 571-1670 to register.**



E.S.L. with Chris Chrepta

THURSDAY, MAY 7 & 21, 6-8 PM. FREE ESL instruction with Chris Chrepta. English lessons for beginner and intermediate English speakers. **Zoom Meeting ID: 843 0339 8067 Passcode: education**



Open House & Parent Advisory Council

TUESDAY, MAY 12, 12-1 PM. Stop in to share your recent concerns and ideas for the Family Success Center programming schedule. We'll discuss up-to-date resources and safety measures for parents and children. We'll also have an activity for kids while we meet. Treats on us! **The open house will take place in person at the Family Success Center.**



Baby Pantry

TUESDAY, MAY 12, 1-4 PM. Baby pantry items are available to parents registered at the Family Success Center. **Please call Mariana or Mark to reserve your diapers. We'll notify you when items are ready for pick up.**



Outreach with BoldAge BoldAge PACE

THURSDAY, MAY 14 & 28, 10 AM - 1 PM. Meet with BoldAge to learn about supportive services provided for adults 55+. The team will assess you for safety and independence. This is a Medicare/Medicaid program. **Walk-ins welcome!**

Kids Cooking Class

MONDAY, MAY 18, 4-5 PM This Kids Cooking Class will focus on strawberries and National Strawberry month! We'll make a fun, healthy recipe with strawberries. **Please call Mariana or Mark at (732) 571-1670 to register.**



Casa Freehold

WEDNESDAY, MAY 20, 10 AM - 1 PM. Meet with Dolly Hernandez, Executive Director, who will help immigrant parents with issues related to documentation, legal, school systems, medical, employment, and pay. **Appointments are preferred. Please call Mariana or Mark at (732) 571-1670 to schedule an appointment.**

Ask the Doc

THURSDAY, MAY 21, 12-1 PM. Join Dr. Pyne and the pediatricians to discuss Mental Health Awareness and school stress. The doctors will address additional health and nutrition questions and concerns. They'll also help with appointments for those families that need them. **This program will be held virtually on Zoom. Zoom Meeting ID: 762 041 0819 Passcode: elephant**



Closed Monday, May 25 Memorial Day!



MAY ACTIVITIES

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5 NAMI Mental Health Support 6-7 PM	6 Harm Reduction 10 AM - 12 PM HIV/STD Testing 11 AM - 1 PM	7 MCDSS 10 AM - 4 PM Book Club 12-1 PM Mother's Day Craft 4-5 PM E.S.I. with Chris Chrepta 6-8 PM	8	9
10	11	12 Open House 12-1 PM Baby Pantry 1-4 PM	13 Harm Reduction 10 AM - 12 PM HIV/STD Testing 11 AM - 1 PM	14 Monmouth County Dept. of Social Services 10 AM - 4 PM BoldAge 10 AM - 1 PM	15	16
17	18 Kids Cooking Class 4-5 PM	19	20 Casa Freehold 10 AM - 1 PM Harm Reduction 10 AM - 12 PM HIV/STD Testing 11 AM - 1 PM	21 Monmouth County Dept. of Social Services 10 AM - 4 PM Ask the Doc 12-1 PM E.S.I. with Chris Chrepta 6-8 PM	22	23
24	25 OFFICE CLOSED - MEMORIAL DAY	26	27 Harm Reduction 10 AM - 12 PM HIV/STD Testing 11 AM - 1 PM	28 Monmouth County Dept. of Social Services 10 AM - 4 PM BoldAge 10 AM - 1 PM	29	30

CONTACT

300 Broadway Long Branch NJ 07740
(732) 571-1670 | coastalfsc.org

HOURS

M, T, W, F: 9 AM - 6 PM; Th: 11 AM - 7 PM
Sat: See Program Schedule



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