



SEPTEMBER Activities



Monmouth County Dept. of Social Services

EVERY TUESDAY & THURSDAY, 10 AM – 4 PM. Angela Diaz will assist with applications and inquiries for SNAP, NJ FamilyCare, and TANF/GA on Tuesdays. Stacy Blair-Inman and Luba DeBlase will help connect Monmouth County residents to resources and programs for a variety of needs on Thursdays. **APPOINTMENTS ARE REQUIRED. PLEASE CALL AHEAD TO SCHEDULE.**

Outreach with Fulfill

EVERY MONDAY, 9 AM – 4:30 PM. Free screenings and assistance with SNAP, WIC, and Affordable Healthcare applications.



Baby Pantry & Formula

EVERY TUESDAY, 1-4 PM. Baby pantry items are available until supplies last to parents registered at the Family Success Center. **Please call on Monday to reserve your items. You must attend FSC programs to continue to receive items from the baby pantry.**



HIV & STD Testing



EVERY WEDNESDAY, 11 AM – 1 PM. FREE CONFIDENTIAL testing for anyone who needs it. Results in 20 minutes!

English as a Second Language

1ST AND 3RD THURSDAY OF THE MONTH, 6-8 PM (9/7 & 9/21). FREE ESL instruction with Chris Chrepta. English lessons for beginner and intermediate English speakers. **Zoom Meeting ID: 843 0339 8067 Passcode: education**



Casa Freehold with Dolly Hernandez

EVERY WEDNESDAY, 11:30 AM – 3:30 PM. We're hosting Dolly Hernandez, Executive Director, Casa Freehold. Dolly is here to work with immigrant parents on issues related to documentation, legal, court appearances, local school systems, medical issues, domestic workers, day laborers, employment and pay, medical issues, and advocacy. **No appointment is necessary, but they are preferred.**



Labor Day! Office Closed
Friday, 9/1 and Monday, 9/4



Blood Pressure & Health Screenings

TUESDAY, SEPTEMBER 12 & 26, 12-4 PM. **FREE blood pressure (and health) screenings performed by the VNA HG.** Take a minute to check your blood pressure and speak to a healthcare professional about the importance of good health and how to maintain it. **If you receive a COVID vaccine you will also receive a gift card. Bring the whole family! This event is on site at the Family Success Center.**



Ask the Doc

TUESDAY, SEPTEMBER 12, 12-1:30 PM. Join Drs. Verma and Pyne and the FSC staff to learn about the childhood obesity and the best way to avoid it in our children. The doctors will help with appointments for those families that need them. We'll have lunch together, too! **Kids welcome for a fun activity! This workshop is on site and will take place at the Family Success Center. Parents registered with the Family Success Center will receive a \$10 gift card for attending.**



Parent Advisory Board & Open House

TUESDAY, SEPTEMBER 19, 1-2:30 PM. Stop in for coffee and a share your issues and concerns. Emmanuel Itzol, Title III Family Liaison for Long Branch Schools, will return with important information for parents. We'll also get to meet with the Long Branch Library folks. Coffee is on us! **Kids welcome for a "summer" craft and activity! The open house is on site at the Family Success Center.**

Kid's Cooking Class

WEDNESDAY, SEPTEMBER 20, 4-5 PM. Learn how to make healthy banana pudding with Victoria from SNAP Ed. **Children who log on and cook in the kitchen with us on Zoom will receive a \$10 gift card. To receive a gift card, your family must be registered with the Family Success Center. (2 gift cards per family maximum) This class is virtual. Recipe link: <https://tinyurl.com/3zh642et> Zoom Meeting ID: 849 1179 0591 Passcode: yummy**



Family Planning with Ana Pinto, RN

MONDAY, SEPTEMBER 25, 1-2:30 PM. Meet Ana Pinto, Family Planning Clinic at Monmouth Medical Center, and learn how to plan for your family responsibly. We'll discuss family planning and contraceptive methods. Moms and Dads are both welcome and bring the kids for an activity. Coffee and cake are on us! **This class is in person and on site at the Family Success Center.**

Immigrant Rights Workshop

TUESDAY, SEPTEMBER 26, 4-6 PM. Join Itzel Hernandez, Immigrant Rights Organizer for AFSC Immigrant Rights Program. Itzel will discuss the most recent immigrant issues faced by our immigrant community and how to address them. She will offer a Q & A at the end of her lecture. This talk is ideal for service providers, too. **This event will be held at the Family Success Center on the 1st floor.**