



MARCH Activities



FREE Tax Prep & ITIN Services

MONDAYS, 10 AM – 3 PM. IRS Certified tax professionals will prepare tax returns Mondays, 10 AM – 3 PM. **Please call Janice or Mariana at the office (732) 571-1670 to schedule an appointment.**



E.S.L. with Chris Chrepta



THURSDAY, MARCH 5 & 19, 6–8 PM. **FREE ESL instruction** with Chris Chrepta. English lessons for beginner and intermediate English speakers. **Zoom Meeting ID: 843 0339 8067 Passcode: education**

Open House & Parent Advisory Council

TUESDAY, MARCH 10, 12–1 PM. Log on to share your recent concerns and ideas for the Family Success Center programming schedule. We'll discuss up-to-date resources and safety measures for parents and children. The open house and PAC meeting will take place on Zoom. **Zoom Meeting ID: 849 1179 0591 Passcode: craig**

NAMI Mental Health Support Group



THURSDAY, MARCH 12, 6–7:30 PM. Join NAMI, The National Association of Mental Illness in connecting with others in a support group to deal with mental challenges and stressors. **This meeting will be held via zoom and in Spanish.** **Zoom Meeting ID: 813 9215 6882 Passcode: 312827**
<https://namincmetro.org/calendar/spanglish-virtual-2-2/2026-03-12/>

Baby Pantry

TUESDAY, MARCH 10 & WEDNESDAY, MARCH 25, 1–4 PM. Baby pantry items are available to parents registered at the Family Success Center. **Please call Janice or Mariana to reserve your diapers. We'll notify you when items are ready for pick up.**



Coffee Ground Fossil Kids Craft

THURSDAY, MARCH 12, 4–5:30 PM. Join us for the coffee ground fossil Kids craft. We'll enjoy healthy drinks and snacks, too. **Registration is required. Please call Janice or Mariana at (732) 571-1670 to register.**



Harm Reduction Mobile Unit

WEDNESDAYS, 10 AM – 12 PM. Visit the mobile unit in front of the Family Success Center on Broadway for **FREE harm reduction counseling.** **On-site services include** overdose prevention, syringe access and sterile tools, test strips, nursing services, wound care, sex ed counseling and supplies, as well as linkages to social services, legal, housing and other community resources.

Prevention Resource Network/ VNA HIV & STD Testing Van

WEDNESDAYS, 11 AM – 1 PM. **FREE CONFIDENTIAL HIV/AIDS/STD testing.** Look for the testing van in front of the Family Success Center located on Broadway. Results in 20 minutes!



Casa Freehold

WEDNESDAY, MARCH 18, 10 AM – 1 PM. Meet with Dolly Hernandez, Executive Director, Casa Freehold. Dolly will help immigrant parents with issues related to documentation, legal, school systems, medical, employment, and pay. **Appointments are preferred. Please call Janice or Mariana at (732) 571-1670 to schedule an appointment.**

Mental Health Wellness with Ana Serna Garcia, LCSW, EMDR, CSTIP



FRIDAY, MARCH 20, 11:30 AM – 12:30 PM. Meet with Ana Serna Garcia, LCSW, EMDR, CSTIP, primary counselor at Monmouth Family Health Center. This week we'll learn about fight or flight mode, and Ana will teach us coping skills. **This event will be held virtually on Zoom. Meeting ID: 883 1759 0673 Passcode: jello**

Monmouth County Dept. of Social Services

THURSDAYS, 10 AM – 4 PM. The county will provide resources and programs for a variety of needs. **Appointments are preferred. Please call Janice or Mariana at (732) 571-1670 to schedule an appointment.**

Outreach with BoldAge



THURSDAY, MARCH 5 & 19, 10 AM – 1 PM. Meet with BoldAge to learn about supportive services provided for adults 55+. The team will assess you for safety and independence. This is a Medicare/Medicaid program. **Walk-ins welcome!**

Book Club & Conversation

THURSDAY, MARCH 5 & 19, 12–1 PM. We'll read the Who HQ storybook series about all things famous people and places in the United States. Learn about United States history and people from around the world that helped make it. **Call to receive a copy of the book. This exercise will help us learn English and will take place on the 1st and 3rd Thursday of the month. The Book Club meeting will take place on Zoom.** **Zoom Meeting ID: 843 2885 9982 Passcode: whohq**



National Reading Month Kids Craft

WEDNESDAY, MARCH 25, 4–5 PM. Join us for a fun activity and craft as we recognize National Reading month. We'll make flower bookmarks while we enjoy each other's company. Healthy snacks and beverages are on us. **Supplies are limited, and registration is required. Please call Janice or Mariana at (732) 571-1670 to register.**



Ask the Doc

THURSDAY, MARCH 26, 12–1 PM. Join Dr. Pyne and the pediatricians to discuss the importance of nutrition and healthy eating habits. The doctors will answer questions about health and nutrition questions. They'll also help with appointments for those families that need them. **This program will be held virtually on Zoom.** **Zoom Meeting ID: 762 041 0819 Passcode: elephant**



Mini Greenhouse Workshop

SATURDAY, MARCH 28, 10 AM – 12 PM. Bring a one-gallon milk or water jug and we'll help you transform it into a mini greenhouse. We recommend one plant per milk jug. Bring multiple milk jugs to plant different seeds. There will be crafts and activities that focus on nature, too! We'll also enjoy a healthy breakfast. **This workshop is at the Family Success Center. REGISTRATION IS REQUIRED. Please call the office to register!**



MARCH ACTIVITIES

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---|--|---|---|---|---|
| 1 | 2 FREE Tax Prep & ITIN Services 10 AM - 3 PM | 3 | 4 Harm Reduction Mobile Unit 10 AM - 12 PM HIV/STD Testing 11 AM - 1 PM | 5 MCDSS 10 AM - 4 PM BoldAge Outreach 10 AM - 1 PM Book Club 12-1 PM E.S.I with Chris Chrepta 6-8 PM | 6 | 7 |
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| 22 | 23 FREE Tax Prep & ITIN Services 10 AM - 3 PM | 24 | 25 Harm Reduction 10 AM - 12 PM HIV/STD Testing 11 AM - 1 PM Baby Pantry 1-4 PM National Reading Month Kids Craft 4-5 PM | 26 Monmouth County Dept. of Social Services 10 AM - 4 PM Ask the Doc 12-1 PM | 27 | 28 Mini Greenhouse Workshop 10 AM - 12 PM |
| 29 | 30 FREE Tax Prep & ITIN Services 10 AM - 3 PM | 31 | 1 Harm Reduction 10 AM - 12 PM HIV/STD Testing 11 AM - 1 PM Easter Kids Craft 4-5 PM | 2 MCDSS 10 AM - 4 PM BoldAge Outreach 10 AM - 1 PM Book Club 12-1 PM E.S.I with Chris Chrepta 6-8 PM | 3 OFFICE CLOSED - GOOD FRIDAY | 4 |

CONTACT

300 Broadway Long Branch NJ 07740
(732) 571-1670 | coastalfsc.org

HOURS

M, T, W, F: 9 AM - 6 PM; Th: 11 AM - 7 PM
Sat: See Program Schedule



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@LongBranchConcordance